

HIPAA

Program Catalog



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Arsh@pabrai.com



www.pabrai.com

HIPAA

Why Pabrai?



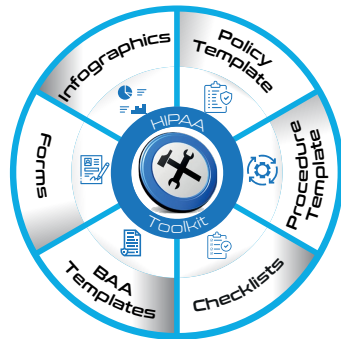
HIPAA Signature Methodology

Industry Leading HIPAA Certification Training
Updated with NPRM



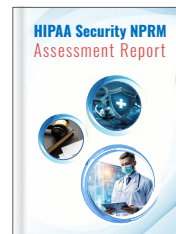
Delivering HITRUST Certification
Since 2016

AI Powered HIPAA Playbook



HIPAA Toolkit
www.ecfirst.biz

HIPAA NPRM Assessment



HIPAA Compliance Attestation

Risk Assessment

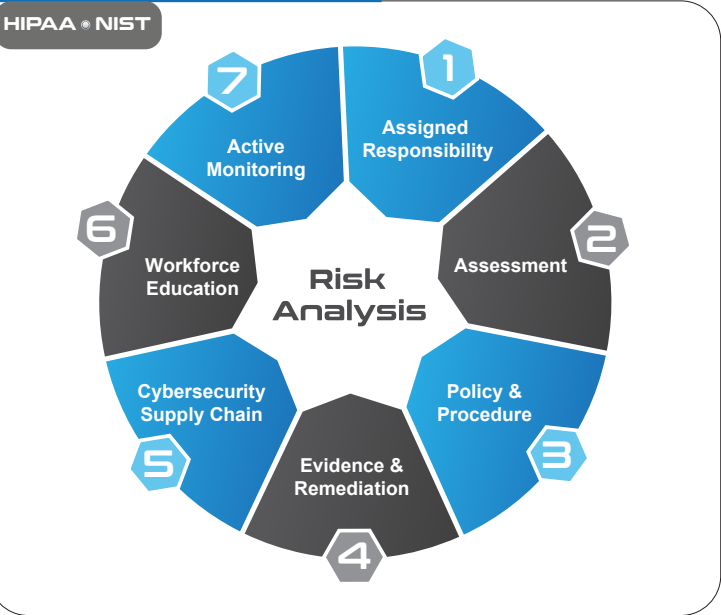
HIPAA | NIST Cybersecurity Framework 2.0
Online Tracking | Cyber Assessment | Pen Test

Every organization must conduct a thorough and comprehensive assessment of the potential risk and vulnerability to the confidentiality, integrity, and availability of all PII.

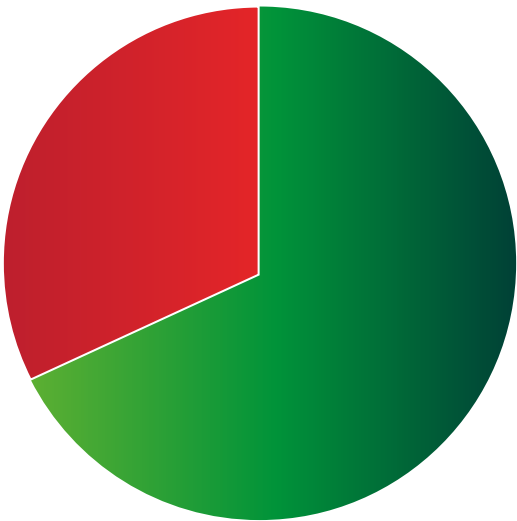
HIPAA Mandates



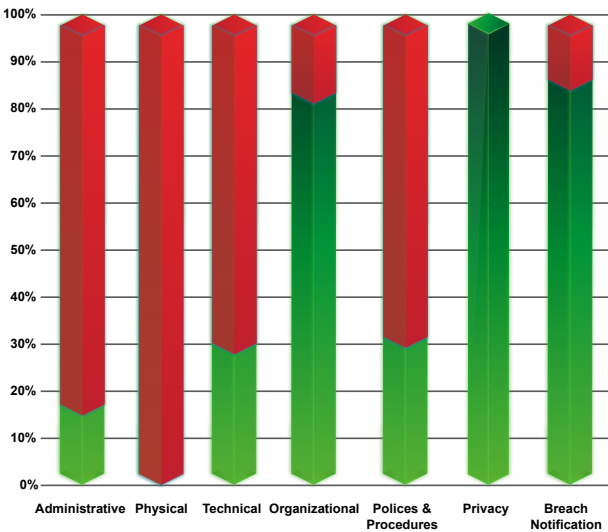
Signature Methodology



Compliance Status

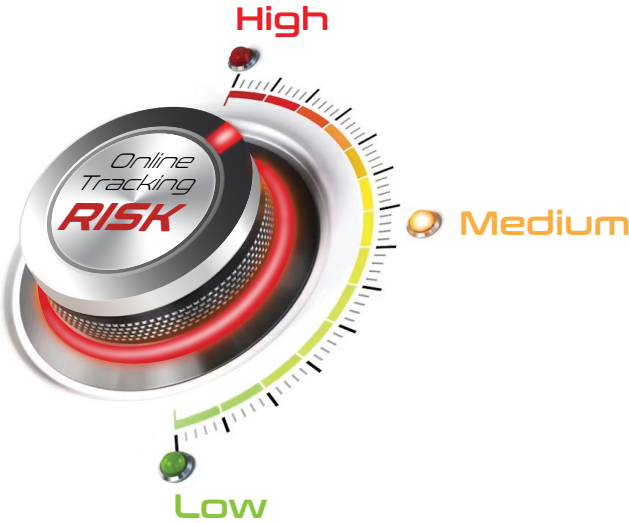


Implementation Specifications



 **Met**  **Not Met**

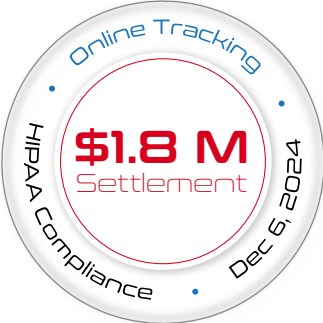
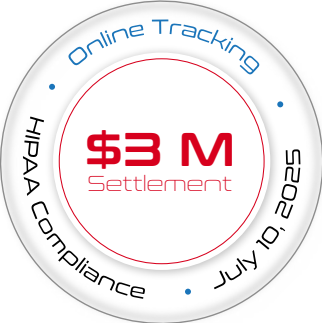
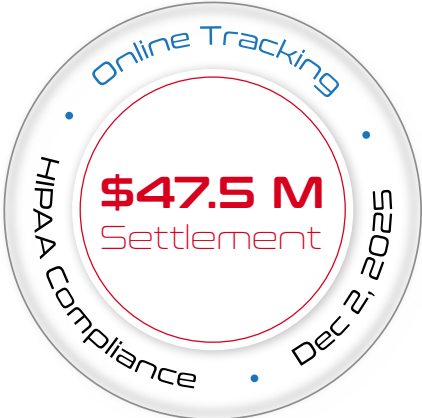
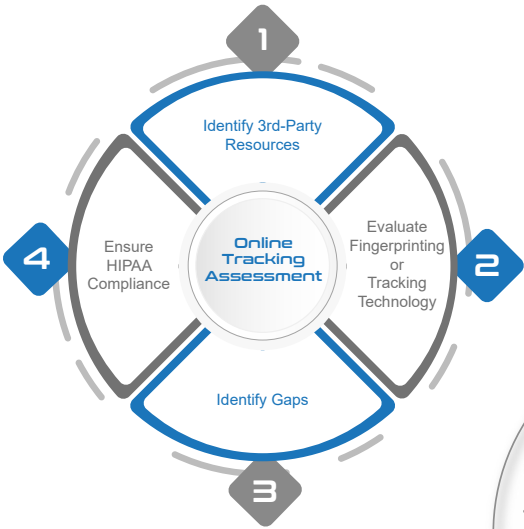
Online Tracking Assessment

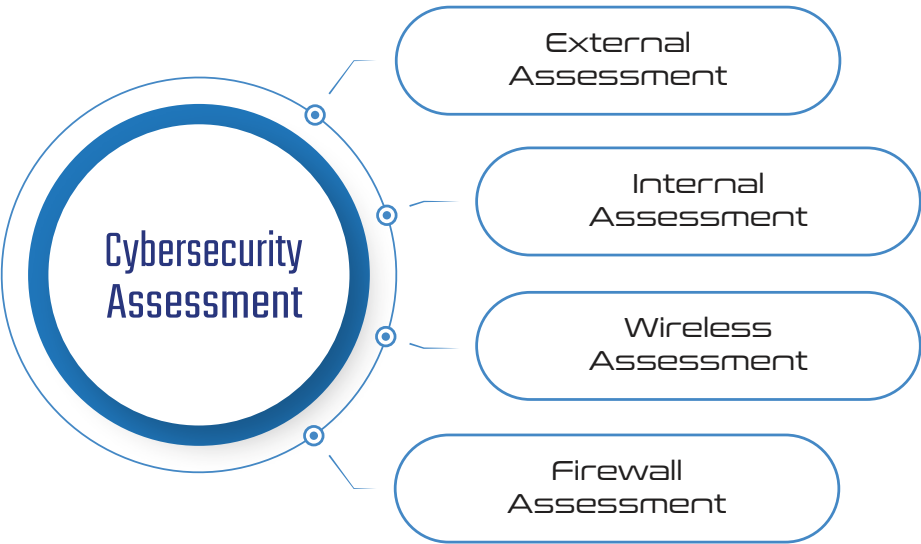


Use of Online Tracking Technologies by HIPAA Covered Entities and Business Associates

“ Regulated entities are not permitted to use tracking technologies in a manner that would result in impermissible disclosures of PHI to tracking technology vendors or any other violations of the HIPAA Rules.

”





External Assessment

- ✖ AI-assisted open-source intelligence gathering
- ✖ DNS misconfiguration review
- ✖ Publicly leaked credentials search
- ✖ Anonymous external vulnerability scanning
- ✖ Website security testing (OWASP Top 10)

Wireless Assessment

- ✖ Facility walkthrough for rogue wireless networks
- ✖ Wireless security settings & Pre-Shared Key strength analysis

Internal Assessment

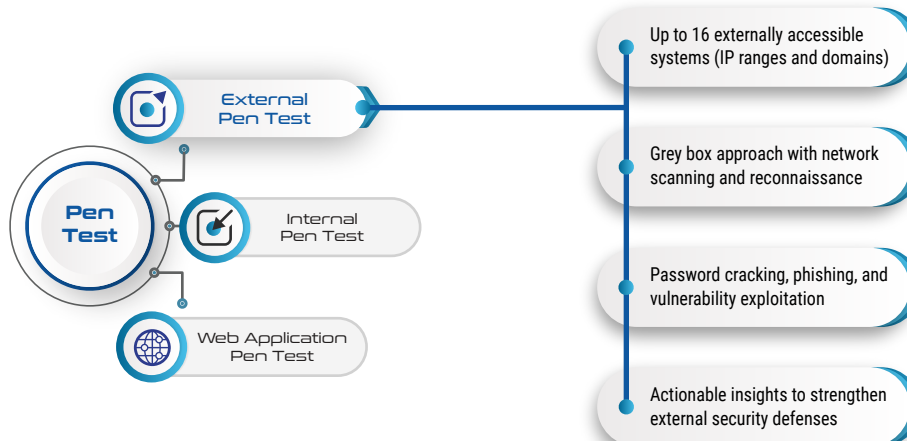
- ✖ Authenticated vulnerability scans of internal systems
- ✖ Identity & Access Management (Active Directory review)
- ✖ Password policy & strength analysis
- ✖ Offline password cracking attempts using a custom wordlist
- ✖ SNMP and default credential testing
- ✖ Security software enumeration

Firewall Assessment

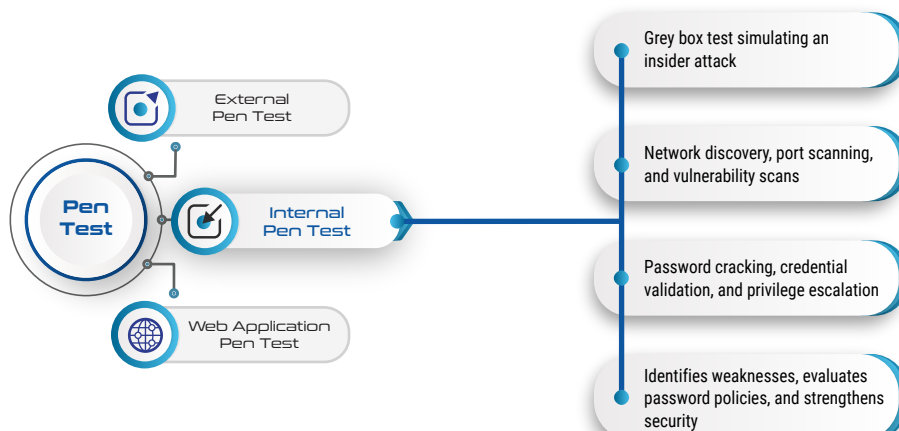
- ✖ OS vulnerability analysis
- ✖ Security configuration & rule review

CYBERSECURITY ASSESSMENT SCOPE	TITANIUM	PLATINUM	GOLD	SILVER	BRONZE
External Assessment	✔ Customized	✔	✔	✔	✔
Internal Assessment	✔ Customized	✔	✔	✖	✖
Firewall Assessment	✔ Customized	✔	✔	✔	✖
Wireless Assessment	✔ Customized	✔	✖	✖	✖
Detailed Analysis	✔	✔	✔	✔	✖
Corrective Action Plan (CAP)	✔	✔	✔	✖	✖
Detailed Remediation Steps	✔	✔	✔	✖	✖
Executive Brief	✔	✔	✖	✖	✖

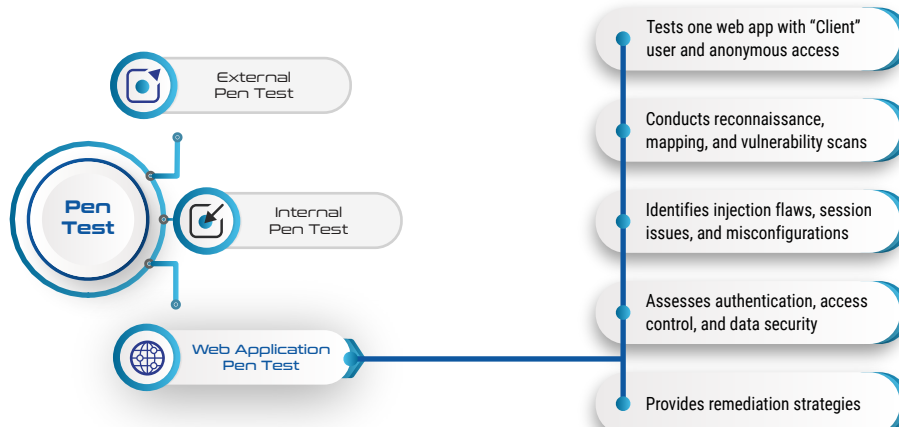
External Pen Test



Internal Pen Test



Web Application Pen Test





Policy Template



Procedure Template



Plan Template

- ❖ HIPAA Privacy
- ❖ HIPAA Security
- ❖ HITECH Breach
- ❖ HIPAA Security Rule
- ❖ HIPAA Business Associate



Checklists

- ❖ Encryption
- ❖ Multi-Functional Devices
- ❖ Security Audit Readiness
- ❖ Vulnerability Assessment
- ❖ Application Security
- ❖ Secure Text Messaging



BAA Templates

- ❖ Business Associate
→ Business Associate
- ❖ Covered Entity
→ Business Associate

- ❖ HIPAA → ISO 27001
- ❖ HIPAA → NIST Cybersecurity Framework



Mappings

- ❖ HIPAA → NIST SP 800-171r2
- ❖ HIPAA → NIST SP 800-53r5
- ❖ HIPAA → PCI DSS



Forms

- ❖ Breach Log
- ❖ Change Management
- ❖ Media Chain of Custody
- ❖ HIPAA Privacy
- ❖ HIPAA Security
- ❖ Authorization for Release of PHI

- ❖ HIPAA and 42 CFR Part 2
- ❖ HIPAA Fines
- ❖ HIPAA for Covered Entities



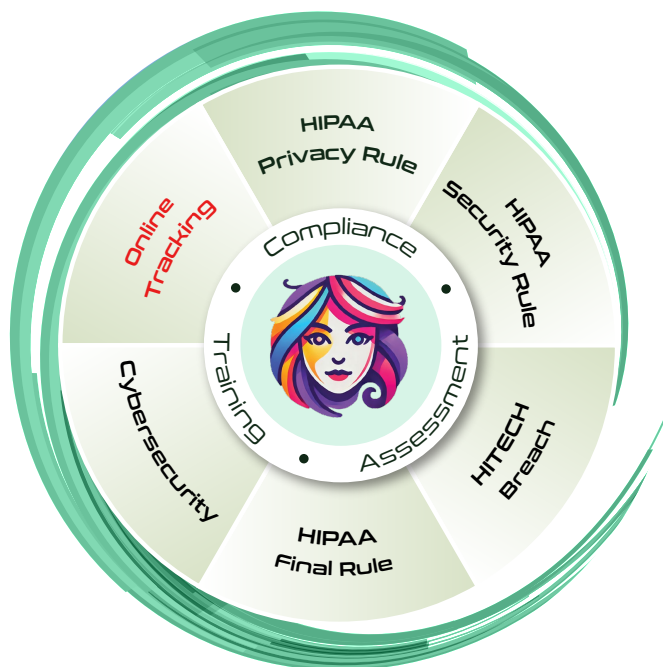
Infographics

- ❖ HIPAA for Business Associate
- ❖ HIPAA Safe Harbor



Quick Reference Cards (QRC)

- ❖ HIPAA
- ❖ HIPAA Terminology
- ❖ HIPAA Privacy Rule
- ❖ HIPAA Security Rule
- ❖ HIPAA Final Rule
- ❖ HITECH Act



Quick Links

[Home](#)

[HIPAA Mandates](#)

[HIPAA Privacy Rule](#)

[HIPAA Security Rule](#)

[HIPAA Security NPRM](#)

[HITECH Breach](#)

[HIPAA FAQ](#)

[Cybersecurity](#)

[OCR Resolution Agreements](#)

[Ransomware Guidance](#)

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[Templates](#)

[Training](#)

[Other Regulations](#)

HIPAA Privacy Rule



HIPAA Security Rule



HIPAA Security NPRM



HITECH Breach



HIPAA End-User Package

- ✧ End-to-end training content covering HIPAA Privacy, HIPAA Security, HITECH Breach, the HIPAA Final Rule, and more
- ✧ Practice quiz to emphasize important concepts
- ✧ HIPAA End-User Certificate Exam
- ✧ Several sample documents for reference including HIPAA quick reference cards, flash cards, and more

Portal

HIPAA End-User Training

Home / Cybersecurity / HIPAA End-User Training

Course Description



Cybersec
Col

-  Insider Thres
-  HIPAA and In
-  Introduction t



Home / HIPAA End-User Training / Online Slides

[Download](#) [Back](#)

HIPAA End-User Training

- | | | |
|--|--|--|
|  HIPAA Fundamentals Start |  HIPAA Privacy Rule Start |  HIPAA Security Rule Start |
|  HITECH Breach Start |  Cybersecurity Fundamentals Start |  Appendix A: Acronyms Start |
|  Appendix B: Glossary Start | | |



Healthcare Industry's First & Leading HIPAA Credential

- ✦ Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- ✦ Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- ✦ Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- ✦ Understand HIPAA Safe Harbor



The Industry's First Program Focused on Compliance & Cybersecurity Mandates

- ✦ Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
- ✦ Evaluate America's standard for compliance: NIST guidance and special publications
- ✦ Understand U.S. state government information security mandates (e.g. Texas, California, New York, and others)
- ✦ Explore best practices to build a credible compliance and cybersecurity program



An Executive Cybersecurity Program

- ✦ Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- ✦ Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- ✦ Walk through core components, organization, and CMMC Levels
- ✦ Review encryption implementation across the enterprise to mitigate business risk
- ✦ Examine NIST guidance for AI Risk Management

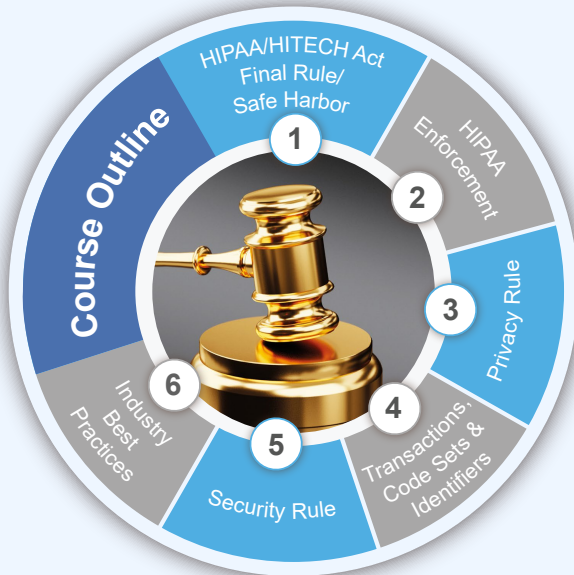


An Executive CMMC Program

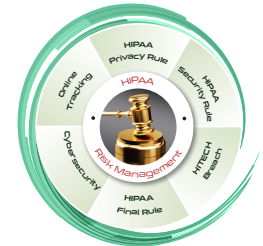
- ✦ Identify and apply official CMMC implementation and assessment guidance
- ✦ Define scope by identifying CUI systems and mapping assets to workflows for compliance
- ✦ Maintain an SSP outlining control responsibilities and provide evidence to validate implementation during assessment
- ✦ Manage and sustain CMMC compliance through continuous governance



Healthcare Industry's First
& Leading HIPAA Credential



HIPAA
Playbook



“

Precise, informative, and well-structured HIPAA content. Would love to recommend ecfirst.

”

What's in it for you?

- ✘ Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- ✘ Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- ✘ Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- ✘ Understand HIPAA Safe Harbor

Digital Badge

ecfirst also offers a Digital Badge with your certification. There is no fee for this service and acceptance is totally up to you.



The Industry's First Program Focused on Compliance and Cybersecurity Mandates



“Global perspective, extensive coverage of cyber mandates. Excellent updates on key security regulations.”

What's in it for you?

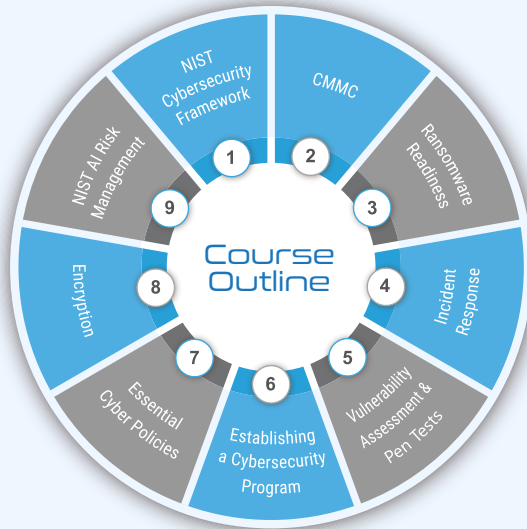
- ✘ Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
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An Executive Cybersecurity Program



“ **Comprehensive cybersecurity program.** Excellent coverage of the NIST Cybersecurity Framework, CMMC & more. **Relevant scenarios & policies covered**, including encryption & ransomware. ”

What's in it for you?

- ✦ Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- ✦ Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- ✦ Walk through core components, organization, and CMMC Levels
- ✦ Review encryption implementation across the enterprise to mitigate business risk
- ✦ Examine NIST guidance for AI Risk Management

Digital Badge

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“

I've worked with ecfirst for 5 years under a multiyear contract, and they've consistently delivered timely work, prompt responses, clear updates, and overall excellent support—Aultman is very satisfied with their services.

”



“

ecfirst has been our trusted partner for over a decade, helping us with HIPAA/HITECH policies, procedures, risk assessments, and expert guidance. We are now partnering with their team to extend our policies to include NIST, FERPA, and FISMA. They are prompt, reliable, and consistently deliver on time — a 10 out of 10 in my experience. I'm extremely satisfied with ecfirst, which is why we've sustained a decade-long partnership.

”



“

BRG leveraging their expertise for annual risk management and HIPAA compliance assessments, HITRUST certification, and emergency incident response support. Their responsiveness is exceptional, and they consistently meet or exceed project timelines. With the highest level of satisfaction, we consider ecfirst at the very top of our trusted business partner list.

”



“

ecfirst team is highly responsive and consistently delivers as outlined, with clear expectations and thorough communication before, during, and after each engagement. Their audits and reports are always thorough, effective, and timely, and I rely on them as the foundation for follow-up SOC2 audits. I greatly trust ecfirst's expertise.

”

“

Comprehensive HIPAA course manual and content resources.

”

“

In-depth HIPAA program that covers Privacy, Security, Breach and more.

”

Informative

Exceptional instructor

Well-crafted HIPAA program

Eye opening compliance resources

References

Extensive library of practice quizzes

Coverage of OCR HIPAA fines

Well-organized training

Comprehensive

“

Provided important information for managing HIPAA Compliance.

”

“

Well organized presentation with a strong scope of knowledge.

”

“

Insightful HIPAA Program and positive learning experience.

”

“

Resources for HIPAA compliance/breach material was eye opening.

”

Learned a lot
Global coverage of topics
Excellent CSCS Academy Portal
Content focus applicable across industries

References

Complex topic made understandable
Refresher for cyber regulations
Tons of valuable information
Very relevant content

“

Highly informative and relevant—one of the best training programs I’ve attended.

”

“

Excellent material, exceptional presentation, and awesome case studies.

”

“

Good information and materials to elevate our compliance program.

”

“

Covered important frameworks and laws in cybersecurity.

”

“

CSCS Course was invaluable for building our compliance and security program.

”

“

Instructor made a complex topic more understandable. Highly recommended.

”

“

I appreciated the examples and scenarios that brought the material to life.

”

“

The training provided clarity on complex cloud compliance issues.

”

I loved the training
Prepared me for exam
Privileged to participate
Excellent introduction to NIST

References

Clear concise and to the point
Well organized and informative
CMMC was well covered
Great course!

“

Very knowledgeable instructor, provided timely and relevant examples and resources.

”

“

Great overview of cloud security with real-world relevance.

”

“

A crash course covering cybersecurity assessment, NIST and more.

”

“

The training was point on for the core material.

”